

2 DAYS

AGILE PROJECT MANAGEMENT



Project Management Course

LEARNING OUTCOMES

- Understand the core principles of agile project management and how they differ from traditional waterfall methods.
- Recognise how agile approaches can shorten delivery timelines and improve ROI for organisations.
- Confidently participate in agile project teams, understanding the roles, responsibilities and expectations of all stakeholders.
- Apply agile concepts, processes and techniques through practical, hands-on exercises.
- Identify common challenges in transitioning to agile and develop strategies to address them.
- Support the planning, oversight and successful delivery of agile projects within their organisation.

COURSE OVERVIEW

This hands-on Agile Project Management course gives participants a clear, practical understanding of how agile methods accelerate delivery, improve collaboration, and increase project success. Across two highly interactive days, learners explore real-world agile techniques, compare agile and traditional lifecycles, and practise applying agile principles through guided activities. By the end, participants will be equipped with the confidence and practical tools to support, contribute to, or lead agile projects effectively.

TOPICS COVERED IN THIS COURSE

Welcome, Registration & Introductions

Setting the scene, meeting fellow participants and outlining the structure, expectations and practical approach of the course.

Foundations of Project Work

Exploring essential project terminology, parameters and the purpose of project management to ensure a shared understanding before diving into agile concepts.

From Waterfall to Agile: Lifecycle Comparison

Reviewing traditional waterfall lifecycles vs. agile lifecycles to highlight why organisations are shifting toward more iterative, flexible methods.

Origins and Evolution of Agile

A look at where agile came from, why it emerged, and how its principles address long-standing challenges in project delivery.

Stakeholder Implications of Agile

Understanding how agile affects sponsors, users, team members, and regulatory bodies—and what each group needs to succeed in an agile environment.

Agile Approaches & Methods

Introducing the main agile family of approaches, with a focus on SCRUM and Agile Project Management, including roles, artefacts and ceremonies.

Hands-On Agile Application

Working through a practical end-to-end agile project, allowing participants to use agile processes, techniques and decision-making in real-time.

Final Discussion & Personal Action Planning

A reflective wrap-up encouraging participants to explore concerns, share insights and create their own plan for applying agile effectively in their organisation.