

TRAIN THE TRAINER



Personal Development Course

LEARNING OUTCOMES

- Understand a structured, results-focused approach to training and development that aligns with business goals.
- Choose the most effective training methods tailored to different learning styles for maximum impact.
- Create compelling and practical learning materials that engage and inspire participants.
- Build rapport, encourage active participation, and manage groups confidently for a dynamic learning environment.
- Discover your unique personal style as a trainer and leverage it to enhance your delivery.
- Measure the effectiveness of training in the workplace and assess its impact on organisational performance.
- Explore emerging trends in training and the evolving role of the modern trainer.
- Plan and commit to your own continuous professional development to stay ahead in learning and facilitation skills.

COURSE OVERVIEW

Training should not be seen as a one-off event but as a systematic process aligned with business needs. It begins with analysing training requirements, designing and delivering targeted learning solutions, and evaluating their impact on organisational goals. This course is ideal for employees, managers, HR professionals, in-house trainers, consultants, or anyone looking to enhance their training skills and deliver engaging, effective learning experiences.

TOPICS COVERED IN THIS COURSE

Training Foundations

Explore the essential skills, attitudes, and values for effective trainers, including setting objectives, understanding learning styles, and giving feedback.

Running the Room

Master group dynamics, maintain control, and stay true to your personal training style while engaging participants.

Engaging and Animating

Learn techniques to capture attention, adjust energy levels, and keep participants focused and motivated.

Handling Challenges

Gain practical strategies to handle challenging individuals and situations, maintain authority, and turn potential disruptions into learning opportunities without compromising your training objectives.

Observing and Understanding

Develop the ability to “see what’s really there” in the room by stepping back from the proceedings, recognising patterns, beliefs, and behaviours, and understanding that everyone perceives situations differently.

Adapting to Change

Respond effectively to unexpected situations and maintain control in dynamic environments.

Practical Scenario Rehearsals

Engage in hands-on practice by playing out real-life scenarios, rehearsing responses, and applying techniques for dealing with diverse participants, complex situations, and dynamic group behaviours.

Designing Impactful Training

Plan and deliver engaging, effective sessions that achieve learning outcomes and organisational goals.