

1 DAY

TEAM BUILDING



Business Skills Course

LEARNING OUTCOMES

- Gain a clear understanding of the different roles within a team and how each contributes to overall success
- Recognise and analyse individual behaviours and their impact on team dynamics
- Learn strategies to foster a cohesive, motivated, and positive team environment
- Understand how effective collaboration and strong team relationships lead to improved performance and results

COURSE OVERVIEW

This one-day course is designed for teams who want to strengthen their collaboration and communication skills to achieve better results. The programme blends theory, self-assessment, reflection, and practical, engaging exercises. Participants will have the opportunity to work together, build stronger relationships, and develop more effective ways of collaborating. By the end of the day, teams will have a clearer understanding of each other and practical tools to improve both relationships and performance.

TOPICS COVERED IN THIS COURSE

Introduction

Understand what teamworking really means and why positive, motivated, and productive teams consistently deliver better results.

The Balanced Team

Identify different personality types and roles required for an effective team, recognise how individual talents and skills complement one another, and learn the key characteristics that define a high-performance team.

Responsibilities

Clarify the role and responsibilities of the team leader in guiding the team and understand the responsibilities of individual team members in contributing to team goals and success.

Setting Objectives

Explore ways to communicate a clear team vision, set personal and team objectives that support overall goals, and define individual and team scope and expectations to ensure accountability and clarity.

TARGET AUDIENCE

Team Professionals

For anyone working in a team looking to improve collaboration and communication.

Leaders & Managers

For those guiding teams to enhance performance and cohesion

Project Managers

For those managing projects who need stronger team coordination.

New Teams & Individuals

For newer teams or individuals aiming to contribute more effectively.