

2 DAYS

LEADERSHIP SKILLS FOR MANAGERS



Management & Leadership Course

LEARNING OUTCOMES

- Build self-awareness of your leadership style, motivators, and impact, and identify areas for personal growth.
- Strengthen emotional intelligence, resilience, and wellbeing to foster trust and a positive team culture.
- Use practical tools to lead high-performing teams, manage performance, and handle people conversations effectively.
- Apply coaching and feedback techniques to motivate, develop, and address underperformance.
- Balance leadership and management responsibilities while promoting innovation, collaboration, and psychological safety.
- Build strong stakeholder relationships and use influencing strategies to achieve team and organisational goals.

COURSE OVERVIEW

'Great Managers do things right; Great Leaders do the right thing'

This interactive workshop equips managers to lead with confidence, adaptability, and impact. Participants will explore their own and others' leadership styles, learn to inspire high-performing teams, and understand when to apply management versus leadership skills. Through discussions, breakout activities, and practical exercises, they will build self-awareness, strengthen their leadership presence, and develop the skills to lead others successfully.

TOPICS COVERED IN THIS COURSE

Self-Awareness and Personal Leadership

Explore your leadership style, motivators, stressors, and their impact on your team and peers.

Emotional Intelligence and Resilience

Develop self-regulation, build resilience, and promote wellbeing to lead with clarity and composure.

Leadership vs. Management

Understand when to lead versus manage, and balance strategic and operational responsibilities effectively.

High-Performing Teams

Learn practical tools to drive team performance, foster psychological safety, and encourage collaboration and innovation.

Coaching and Feedback

Apply coaching techniques, deliver constructive feedback, and address underperformance to maximise individual and team contributions.

Building Trust and Culture

Explore ways to cultivate trust, positive energy, and a sustainable leadership culture within your teams.

Stakeholder Management

Identify key stakeholders, understand their expectations, and develop strategies to influence and align effectively.

Practical Leadership in Action

Embed learning through exercises, discussions, and real-world applications to strengthen day-to-day leadership and decision-making skills.