

CAREER MANAGEMENT FOR GRADUATES



Management & Leadership Course

LEARNING OUTCOMES

- Develop a deeper awareness of their own motivations, personality styles, and behaviours, and recognise how these influence their career decisions and interactions with others.
- Understand the motivations and styles of colleagues and peers, enabling them to influence, collaborate, and communicate more effectively in the workplace.
- Identify personal strengths and weaknesses, and use this insight to make informed career choices and plan professional development.
- Appreciate the value of networking, and gain practical strategies to build and maintain meaningful professional relationships.
- Recognise the resources, mentors, and support systems available to help them navigate their career journey successfully.

COURSE OVERVIEW

This one-day course is designed to help graduates take control of their career development within their organisation. Through interactive discussions, self-reflection, and practical exercises, delegates will develop greater self-awareness, understand the motivations and styles of others, and learn how to influence and collaborate effectively. Participants will explore career options, create development plans, build networking skills, and learn to handle difficult people, leaving equipped to manage their career confidently and proactively.

TOPICS COVERED IN THIS COURSE

Understanding Career Management

Learn why proactively managing your career early is essential for long-term success and how to identify opportunities and make informed decisions.

Self-Awareness

Understand your strengths, values, personality, and behaviours, and how they influence career decisions and workplace interactions.

Identifying Motivations

Clarify your personal motivations and priorities using structured frameworks and learn to understand what drives others.

Working with Differences

Develop strategies to collaborate effectively with colleagues who have different styles, perspectives, and motivations.

Setting Personal Goals

Define career aspirations and create actionable steps to achieve both short-term and long-term objectives.

Networking Skills

Debunk networking myths and gain practical techniques to build and maintain professional relationships that support career growth.

Managing Challenges

Learn to handle difficult situations and personalities constructively, while maintaining professionalism under pressure.

Action Planning and Support

Develop a personalised career plan, identify key resources and mentors, and implement strategies to achieve your goals successfully.