

EMERGING LEADERS



Management & Leadership Course

LEARNING OUTCOMES

- Understand the key principles and behaviours of effective leadership.
- Enhance self-awareness and emotional intelligence to strengthen leadership impact.
- Communicate with confidence and clarity to engage and inspire others.
- Motivate and empower individuals and teams to achieve goals.
- Provide constructive feedback and manage performance effectively.
- Apply critical thinking and problem-solving skills in leadership situations.
- Develop a personal action plan for continued leadership growth.

COURSE OVERVIEW

This dynamic one-day course is designed to support individuals transitioning into leadership roles or preparing for future management positions. Participants will explore the essential skills and mindsets required to lead with confidence, communicate effectively, and motivate others. Through interactive discussions, practical exercises, and self-assessment, this course builds the foundations for effective leadership and professional growth.

TOPICS COVERED IN THIS COURSE

Foundations of Leadership

Explore what it means to lead, how leadership differs from management, and how to build a confident and authentic leadership mindset.

Emotional Intelligence and Self-Awareness

Understand the core competencies of emotional intelligence and the crucial role of self-awareness in effective, empathetic leadership.

Communication and Influence

Develop clear, confident communication that inspires trust, motivates others, and enhances collaboration across all levels.

Feedback and Difficult Conversations

Learn to give and receive feedback constructively, fostering open communication, trust, and accountability—even in challenging situations.

Building Trust and Managing Relationships

Strengthen your ability to create trust-based relationships, manage team dynamics, and navigate workplace diversity with respect and inclusion.

Motivation, Performance, and Conflict Management

Discover how to engage and motivate others, set clear expectations, manage performance, and turn conflict into opportunities for growth.

Decision-Making and Leadership Style

Apply structured approaches to decision-making, adapt your leadership style to different situations, and use your influence to drive positive results.

Personal Development and Growth

Create a focused personal action plan to enhance your leadership capability, integrating new knowledge, skills, and attitudes for long-term success.